AVON LAKE Recreation 2025 PROGRAM GUIDE

Spring/Summer

A word from our Mayor—

As Mayor, I am proud to highlight the outstanding work of our Recreation Department, which plays a vital role in enhancing the quality of life for all members of our community. Through tireless efforts, the Recreation Department provides a wide array of exceptional programs and activities that cater to individuals of all ages, interests, and abilities.

From youth sports leagues and yoga in the park to senior wellness programs and hot lunches, the Recreation Department ensures there is something for everyone to enjoy. These opportunities not only promote physical health and personal growth but also foster a sense of belonging and community spirit.

Our parks, facilities, and events serve as gathering places where friendships are formed, families create lasting memories, and neighbors come together to celebrate what makes our community special. The dedication of the Recreation Department's staff, volunteers, and partners is evident in every program offered, and their commitment to excellence is truly inspiring.

I encourage everyone to explore the variety of opportunities available and take advantage of the resources that enrich our lives and bring us closer together. Working cooperatively, we can continue to build a vibrant, active, and connected community. Thanks to our community members who volunteer their time and expertise to the Parks and Recreation Commission.

Lastly, I want to recognize the Recreation Department for their hard work, creativity, and passion. Their contributions make our city a better place to live, work, and play.

Sincerely,

Mark Spaetzel

Mark Spaetzel
Mayor of Avon Lake

Avon Lake City Council

Jennifer Fenderbosch, Council President, Ward II

Zach Arnold, Council At-Large

Geoffrey R. Smith, Council At-Large

K. C. Zuber, Council At-Large

Rob Shahmir, Ward I

Amy Gentry, Ward III

David Kos, Ward IV

AVON LAKE Recreation

Mission Statement—

To enhance the quality of life for Avon Lake residents by offering engaging recreation, leisure, and enrichment activities that promote health, connection, and personal growth, while fostering an active, fun, and healthy community along the shores of Lake Erie.

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Senior Center at the Old Firehouse
Phone: (440) 930-4135

Ellen Trivanovich Aquatics Center
Phone: 440-933-6247

3 Easy Ways to Register

Online at avonlakeoh.myrec.com
Create your household profile, register, and pay online using Discover, MasterCard or Visa.

In Person
Stop by Avon Lake City Hall, 150 Avon Belden Road, Monday through Friday from 8:00 am to 4:30 pm. Pay using credit, debit, cash or check.

Phone 440-930-4130
Call the Recreation Department and our friendly staff will be happy to process your registration. Pay over the phone using Discover, MasterCard, or Visa.

For a full list of policies (i.e. cancellation, refund, inclement weather, etc.) please visit avonlakeoh.myrec.com.

Follow us at Avon Lake Parks & Recreation Department

Note: Additional registration fees may apply to non-residents of Avon Lake.

Summer Day Camp

Looking for a fun, active, and inspiring summer experience for your children? Look no further! Summer Day Camp offers a convenient way for kids to stay engaged and active throughout the summer. Our program offers engaging activities, including visits to the city's parks, library, pool, and exciting field trips.

Each week features a new integrated theme that combines art, nature, and movement! You can rest easy knowing that our camp is led by certified teachers and staff, all trained in CPR and first aid, ensuring your children are well cared for.

June 16–July 25 (excluding the week of July 4th)
Ages: 6–10
Location: Anchor Recreational Facility, 33483 Lake Road
Cost: Resident: $280/week | Non-resident: $305/week
Registration: Residents–March 12, 2025 at 9am
Non-resident (if available)–April 16, 2025 at 9am

Safety Town

Safety Town is an engaging educational program aimed at teaching children about various safety topics and skills applicable to real-life situations. It's tailored for kids entering kindergarten in the fall.

Each day features a different theme, covering topics such as traffic and pedestrian safety, stranger and drug awareness, bicycle and animal safety, home safety and emergency phone use, interactions with police, fire safety, school bus and seatbelt safety, as well as outdoor and water safety.

Monday–Friday 2-hours/class
Sessions: June 9–13 | June 16–20 | June 23–27
Ages: 5–6 (must be entering Kindergarten in the Fall)
Location: Westview Elementary, 155 Moore Road
Cost: Res: $60/session | Non-Res: $70/session
Registration: Resident–March 5, 2025 at 9am
Non-resident (if available)–April 2, 2025 at 9am

Free Star Parties

Join us for a night of stargazing as we search for shooting stars, gaze at the man in the moon, and more! Local astronomer Suzie Dills will have telescopes ready to help you spot celestial wonders. Stop by for a quick look or bring a blanket and snacks to enjoy a longer stay.

Saturday, May 3, 9pm
Saturday, October 4th, 9:30pm
Location: Walker Road Park, 32730 Walker Road
Registration: Not required

Yoga in the Park

We're thrilled to bring you another summer of yoga at Veterans' Memorial Park - 32756 Lake Road! Check out the schedule below for class styles and descriptions.

Weekends June 6 through September 28
No classes July 4, 5, 6 or August 30, 31, September 1
Enjoy the holiday weekend!

Fridays 7am
Sunrise Yoga with Michele Nicholls
Saturdays 9am
All Levels Flow Yoga with Avon Lake Yoga
Sundays 9am
Summer Yoga on the Lake with Michele Nicholls
All classes run approximately 1 hour.
Location: Veterans' Memorial Park
Cost: This is a FREE class, however, donations for our volunteer instructors are appreciated.
Registration: Not required
Parking: Parking is available at Veterans' Memorial Park in front of the Lakehouse and the Folger Home. Overflow parking is available across Lake Road at the Old Firehouse.

Fishing with Friends

Join us for a FREE program at Walker Road Park that introduces children aged 15 and under to the fundamentals of fishing. Our attendants will provide poles and bait for participants during the program. Please note that children under 12 must be accompanied by an adult. Whether you stop by once to give it a try or decide to make it a regular part of your weekly routine, this is a fantastic opportunity to engage with nature and develop fishing skills. Don't miss out on this enriching experience!

Wednesday through Saturday
June 11–July 26 (excluding July 4th)
Ages: 5–15
Location: Walker Road Park, 32730 Walker Road
Registration: Not required.

Greenbox Craft Program

Join our FREE craft program designed for resident children ages 5-12! Our parks and playgrounds will have an attendant on hand to assist kids in creating crafts on a first-come, first-served basis during designated times.

Monday through Friday, June 9–July 25
Ages: 5–12
Location: Visit AvonLakeRec.com for locations.
Registration: Not required

Note: Additional registration fees may apply to non-residents of Avon Lake.

Summer Concerts

Join us for these FREE concerts at our lovely parks! Enjoy yard games and food from local food trucks available for purchase. Feel free to bring your own chairs, blankets, food, and non-alcoholic drinks. We can't wait to see you there!

Sunday concerts will be at Miller Road Park.
Thursday concerts will be at Veteran's Memorial Park unless otherwise noted*.

Sunday, June 15, 6pm–8pm : TOWNLINE 26

Thursday, June 19, 4pm–8pm: STAKHOUSE & CLE Market

Saturday, June 21, 5pm–9pm: SummerFest featuring ROUTE 161 HAPPY WANDERERS
Location: Miller Road Park

Thursday, July 3, 5pm–10pm: Fireworks Celebration*
Food Trucks, COUNTRY REDFORD at 6pm, and Fireworks
Location: Weiss Field

Sunday, July 13, 6pm–8pm: SOUL TOWN

Thursday, July 17, 4pm–8pm: PETE LAZARD & CLE Market

Sunday, July 27, 6pm–8pm: BACKSPIN HORNS & RHYTHM

Sunday, August 10, 6pm–8pm: FOLLOW THE SUN

Thursday, August 14, 4pm–8pm: DAVE HINRICH & CLE Market

Follow us on Facebook or visit AvonLakeRec.com for locations, bands, and food trucks.

Youth Summer Art Classes

This summer, we're excited to offer art classes for residents ages 10–15. Choose from 7 sessions that explore various techniques in drawing, painting, and collage. Once you're registered, just show up and unleash your creativity—all materials will be provided!
Tuesdays June 17 through August 12 | 2pm–3:30pm
Ages: 10–15
Location: The Lake House–32756 Lake Road
Cost: Resident $25.00/session; Non-resident $30/session
Register for as many sessions as you like.
Registration: March 26 at 9am

Note: Additional registration fees may apply to non-residents of Avon Lake.

Summer Recreation Baseball & Softball

Our community-based leagues provide young players with the perfect opportunity to learn, grow, and have fun. Whether they're starting out with Tee Ball or advancing to more challenging divisions, each league focuses on skill development, teamwork, and enjoyment. Players will work on fundamentals like hitting, fielding, and pitching, while building confidence, sportsmanship, and a love for the game.

Parents and family members are a vital part of the experience, supporting players from the sidelines or volunteering as coaches and assistants. Volunteer coaches are encouraged to emphasize fair play, sportsmanship, and personal growth, creating a positive and inclusive environment for all participants. Above all, our leagues prioritize participation and development, ensuring that every player has the chance to improve, make lasting memories, and enjoy the game in a supportive, fun-filled atmosphere.

Important Dates:
Registration Begins: February 1, 2025
Registration Deadline: March 31, 2025

Recreation baseball and softball are grade based. Register by the grade your child is CURRENTLY in.

Season begins late April/early May.

Tee Ball (Co-ed)

Focus: 6-on-6 format with position rotations. 30 minutes of practice, 30 minutes of game play. Introduction of Coach Pitch throughout the season.

Grades/Ages: Pre-K & Kindergarten (Ages 5 & 6)

Cost: Resident $80/player, Non-Resident $95/player

Baseball Coach Pitch

Focus: Coach pitch with the introduction to kid pitch throughout the season.

Grades: 1st & 2nd

Cost: Resident $80/player, Non-Resident $95/player

Baseball Minors & Majors

Minors Grades: 3rd & 4th

Majors Grades: 5th & 6th

Cost: Resident $130/player, Non-Resident $145/player

Baseball Jr. & Sr. Thurman

(Leagues managed by the Amherst Youth Baseball Organization)

Jr. Grades: 7th – 9th

Sr. Grades: 9th – 12th (9th graders have the option to play in either Jr. or Sr. division)

Cost: Resident $160/player, Non-Resident $175/player

Softball Coach Pitch

Grades: 1st & 2nd

Cost: Resident $80/player, Non-Resident $95/player

Softball Minors & Majors

Minors Grades: 3rd-5th

Majors Grades: 6th-8th

Cost: Resident $130/player, Non-Resident $145/player

Senior Softball

Senior Grades: 9th-12th (recent graduates can participate)

Cost: Resident $160/player, Non-Resident $175/player

Dates, times and fees are subject to change without notification.

Note: Additional registration fees may apply to non-residents of Avon Lake.

5th Annual Ducks-n-Donuts Derby

Join the fun at the 5th Annual Ducks-n-Donuts Derby at The Ellen Trivanovich Aquatic Center! Cheer on your lucky ducks as they race along the lazy river for a chance to win up to four 2026 pool season passes!

Event Details:

Saturday, July 12th, 2025 (Rain date: July 13th)
Doors open: 8:30 AM, Races start at 9:00 AM
Ellen Trivanovich Aquatic Center, Avon Lake, OH

Choose your duck before the second heat or let us pick one for you. Winners of each heat advance to the championship race for a shot at awesome prizes, including pool passes! Donuts will be provided while supplies last.

Registration Deadline: July 9th at 11:59 PM

Pricing:
Lucky Duck (1): $2
Quack Pack (6): $10
Quacker's Dozen (13): $20

Prizes:
Gold Medal: 4 Pool Passes
Silver Medal: 3 Pool Passes
Bronze Medal: 2 Pool Passes

Hurry, only 1,000 ducks available!
Ducks are not sold at the event.
Don't miss out—sign up today!

Avon Lake Travel Baseball

Kids ages 8U-13U
Players age as of May 1, 2026
Tryouts for the 2026 spring/summer season to be held July 14 & 15.
Location and times TBD.
Registration begins June 1. Walkups welcome.
Participants must attend tryouts to be considered for a team.

Interested in coaching? Contact the Recreation Department at 440-930-4130.

Travel Softball

Tryouts August 8, 9, 10
Location and times TBD.

Hosted by Avon Lake High School Head Coach Kevin Collins and staff with high school players.

JULY 16–20

Note: Additional registration fees may apply to non-residents of Avon Lake.

3V3 Summer Hoops

Get ready for an exciting summer of basketball! Games will take place outdoors at the Bleser Park Basketball Courts, where you can enjoy the summer weather while you play. This is a fun, unstructured, fast-paced basketball program perfect for players who love the game! When registering, be sure to list the team parent for your group.

Team size: Minimum of 5 players, maximum of 6.

Eligibility: Players must be entering the same grade and be of the same gender.

No adult or parent coaches—kids coach themselves!

Team Parent: Each team must have a designated parent for communication purposes.

Dates: June 9 -July 3 (playoffs the week of June 30)

Games will take place in the afternoon starting at noon. Teams will play on the same day each week once assigned.

Ages: Boys/girls entering 4th–9th grade in the fall of 2025
Location: Bleser Park Basketball Courts
Cost: $75/player
Registration: February 1–April 30
Players must be Avon Lake residents

NEW! Adult Sand Volleyball League

Get your game on this summer with the Coed Adult Tuesday Night Sand Volleyball League at Bleser Park! Whether you're an experienced player or just looking to have some fun with friends, this league is perfect for adults of all skill levels.

- Fast-paced and fun sand volleyball games
- Opportunity to meet new people and enjoy a friendly, social atmosphere
- A focus on sportsmanship, teamwork, and having fun

4-week season with games played on Tuesday evenings
Whether you're looking to compete or just have a good time, this league offers a great way to stay active and enjoy the summer. Gather your friends or sign up solo and be paired with a team! Additonal teams will be formed if we have enough Individual players signed up.

Tuesday evenings June 9–July 1 at 6pm
Ages: Adults
Location: Bleser Park Sand Volleyball Courts
Cost: TBD
Registration: April 1
Register today and dig into the fun at Bleser Park!

Spring Flag Football

These leagues will be combined with Avon Lake, Fairview Park, & North Ridgeville so some travel is required. Practices will be during the week in the evenings between 5p-8p starting in early March. Practice days/times will be determined by the coaches. Home games will be played at Weiss. *Vounteer coaches are needed to run this program.*

Game Dates: April 6th – May 11th
Grades K (5 on 5 league play)
Grades 1st-2nd (5 on 5 league play)
Grades 3rd-4th (7 on 7 league play)
Grades 5th-6th (7 on 7 league play)
Location: Weiss Field & travel
Cost: $75/player
Registration: January 15–February 16

Tennis Programs at Bleser Park

General Information
June 9–July 11
Classes are 1-day/week, Monday OR Wednesday with the option of 2-days/week Monday AND Wednesday.
All classes: 1-day/week–$85/player or 2-days/week–$150/player
Registration: February 1–April 30

Location: Bleser Park Tennis Courts
Own racquet (required)
Athletic shoes. No flip-flops or sandals for safety reasons
Sunscreen and water (recommended)
Divisions: Tennis professionals will divide players by age and skill level for optimal learning
For more information contact Mary Herrick @ 216-316-9501

12 and Under—Beginners to Intermediate Players
This is a fun and rewarding introduction to tennis.
Learn to rally and play with "right-size" equipment & courts
Learn basic fundamentals of tennis in an enjoyable way
Players will be divided by age & skill level for optimal learning
When: 8:30am or 9:30am
Ages: 5–12 (must be 5 years old by the start of the program)
Location: Bleser Park Tennis Courts

13 and Over—All Skill Levels Welcome
- Designed for players to quickly learn, rally, and play
- Fun and accessible, no matter the skill level
- Focus on skill development and enjoyment of the game

When: 8:30am or 10:30am
Ages: 13 and Over
Location: Bleser Park Tennis Courts

4-Day Tennis Camp
Ages 13 and over: July 14–17
Ages 12 and under: July 28–31
Cost: $195/player
Location: Avon Lake High School Tennis Courts

Adult Instructional Tennis
When: 5:30pm
Ages: Adult
Location: Bleser Park Tennis Courts

Note: Additional registration fees may apply to non-residents of Avon Lake.

Aquatics

Ellen Trivanovich Aquatic Center
32850 Electric Blvd
Phone: 440-933-6247
Email: alrec@avonlake.org
Website: www.avonlake.org

2025 SCHEDULE & HOURS

Thursday, June 5 – Sunday, August 17
Open Daily 11am–8pm | July 4 pool hours are 11am to 6pm

Starting the week of August 18
Open Saturdays & Sundays only 11am to 6pm

Last Day
Monday, September 1 open 11am to 6pm (Happy Labor Day!)
(Days and times are subject to change without notification.)

MEMBERSHIPS

Available for purchase starting March 1

- Must be an Avon Lake resident.
- Proof of residency must be provided.
- A maximum of 2 adults may be listed on a family membership.
- All family members must reside in the same household.
- Children must be under 18 years of age or still in high school at time of purchase.
- Children 2 and under are free and are not to be added to your family membership.
- To enter the pool, children 11 years of age and younger must be accompanied by an individual at least 14 years of age and older.
- Pool memberships are non-refundable and non-transferable.
- Fob must be presented at the pool each visit for admittance. NO FOB – NO ADMITTANCE
- Replacement fobs are $5 each
- Guests: A resident may bring up to 2 non-resident guests to the pool per day and pay the daily non-resident drop-in fee. Non-resident guests must be accompanied by a resident at all times.

POOL PAVILION RENTAL

The Ellen Trivanovich Aquatic Center offers two resident-only pavilions for rent, each accommodating up to 32 people. Rentals are $50 per two-hour block, excluding daily admission fees. Guests may bring their own food and cake.

East Pavilion – closer to the large slides and lazy river.

West Pavilion – closer to the family slide, zero depth enter, and tot play area.

MEMBERSHIP PURCHASING

Purchase March 1 through June 1 and save!

On-line: To purchase memberships on-line please visit www.avonlake.org/parksrec/aquatics. To verify residency a current utility bill must be uploaded at the time of purchase. The City reserves the right to require additional documentation if deemed necessary.

In-Person: Pool memberships are available in-person at the Recreation Department inside City Hall, 150 Avon Belden Road, Monday through Friday from 8:00am to 4:30pm. To verify residency, you must present a photo ID and current utility bill at the time of purchase; along with a completed Pool Membership Application which can be found on-line at www.avonlake.org/parksrec/aquatics.

Key Fobs: New fobs will be available for pickup at the pool during your first visit. Returning members can continue using their existing fobs. For replacement fobs, email alrec@avonlake.org with your family name and the first names of those needing them. Replacement fobs cost $5 each.

MEMBERSHIP TYPE	PURCHASE BY JUNE 1	PURCHASE AFTER JUNE 1
Individual (age 3-59)	$65	$75
Senior Individual[1] (age 60+)	$20	$30
Senior Couple[1] (both age 60+)	$30	$40
Family of 2	$120	$140
Family of 3	$165	$195
Family of 4	$200	$240
Family of 5	$225	$275
Family of 6+	$240	$300
Nanny[2]	$75	
Swim Team	$45—All Avon Lake Storm Swim Team members must purchase a membership.	

[1] SilverSneakers® and Renew Active® members must register at the Old Firehouse Senior Center to receive a FREE pool pass. Insurance membership ID is required.
[2] Available with the purchase of a family membership only. The nanny membership will be assigned directly to the nanny/individual member not the family.

DAILY DROP-IN FEES

Avon Lake Resident

- Adult (Ages 18-59): $7
- Child/Student (Ages 3-18): $6
- Senior (Ages 60+): $3
- Children 2 years of age and younger are free with the paid admission of an adult
- To enter the pool children 11 years of age and younger must be accompanied by an individual 14 years of age and older.

Non-Resident accompanied by resident

A resident may bring up to 2 non-resident guests to the pool per day and pay the daily non-resident drop-in fee. Non-resident guests must be accompanied by a resident at all times.

- Adult (Ages 18-59): $8
- Child/Student (Ages 3-18): $8
- Senior (Ages 60+): $8
- Children 2 years of age and younger are free with the paid admission of an adult

Note: Additional registration fees may apply to non-residents of Avon Lake.

Learn to Swim

The City of Avon Lake Recreation Department offers swim lessons for children 6 months of age and older. Lessons are offered for all skill levels from beginner to advanced and are taught according to the American Red Cross Learn-To-Swim guidelines. They are designed to teach water safety and skills in a safe and fun environment. All lifeguards are American Red Cross certified.

Weather permitting, weekday sessions run for two weeks and typically meet Mondays through Thursdays with Fridays being used for make-up days if necessary.
Parent & Child Aquatics and Preschool Aquatics classes are 30 minutes each and Level 1 through Level 5 classes are 45 minutes each.

Residents: $75 per participant/per session
Non-Residents: $85 per participant/per session

Resident Registration available: March 1, 2025
Non-Resident Registration available: April 1, 2025

- Session 1: June 9 through June 19, 2025
- Session 2: June 23 through July 3, 2025
- Session 3: July 7 through July 17, 2025

Learn-To-Swim Schedule

Parent & Child Aquatics (Ages 6 months–4 years old)
1. 9am–9:30am
2. 10am–10:30am

Preschool Aquatics (Age 4 years old)
1. 9am– 9:30am
2. 10am–10:30am

Level 1
1. 9am–9:45am
2. 10am–10:45am

Level 2 – 9am–9:45am
Level 3 – 9am–9:45am
Level 4 – 10am–10:45am
Level 5 – 10am–10:45am

Learn-To-Swim Course Descriptions

Parent & Child Aquatics (Ages 6 months–4 years old)
A parent or guardian is required to accompany each child in the water and participate in the classes. Parent and Child Aquatics introduces infants and young children to the water. This class is designed to get children more comfortable in the water and prepares them for Preschool aquatics.

Preschool Aquatics (Age 4 years old)
When determining if preschool aquatics is appropriate for your child, consider their developmental readiness, maturity, and experience in the water. The class is designed to orient preschool age children to the aquatic environment and to help them gain basic aquatic skills. It also helps children develop basic skills to begin learning rudimentary propulsive swimming movements on both the front and back. Appropriate personal safety and rescue skills are included to help children meet safety goals. Minimum age requirement is 4 years old

Level 1 (Ages 5 and older) Introduction to Water Skill
This class teaches children introductory swimming skills with support from an instructor. Children will begin to develop positive attitudes, good swimming habits and safe practices in and around the water.

Level 2 (Ages 5 and older) Fundamental Aquatic Skills
The objective of Level 2 is to give participants success with fundamental skills. Participants learn to float without support and to recover in a vertical position. This level marks the beginning of true locomotion skills. Participants further develop simultaneous and alternating arm and leg actions on the front and back that lay the foundation for future strokes. This class takes place in 3.5 feet of water, and participants may be required to hold onto the wall. Prerequisite: Level 1

Level 3 (Ages 5 and older) Stroke Development
The objective of Level 3 is to build on previously learned skills by providing additional guided practice. Participants learn the survival float; swim the front crawl and elementary backstroke. You introduce the scissors and dolphin kicks and build the fundamentals of treading water. Participants also learn rules for headfirst entries and begin to learn to enter the water headfirst from a seated position at poolside in the deep water. Prerequisite: Level 2

Level 4 (Ages 5 and older) Stroke Improvement
The objectives of Level 4 are to develop participants' confidence in the strokes learned thus far and to improve other aquatic skills. Participants improve their skills and increase their endurance by swimming familiar strokes for greater distances. Participants add the arms to the scissors kick for the sidestroke. Participants also start to learn the back crawl, breaststroke and butterfly and the basics of turning at a wall. Prerequisite: Level 3

Level 5 (Ages 5 and older) Stroke Refinement
The objectives of Level 5 are coordination and refinement of strokes. Participants refine their performance of all the strokes and increase the distances. Flip turns on the front and back are also introduced. Prerequisite: Level 4

Note: Additional registration fees may apply to non-residents of Avon Lake.

Activities for Seniors 55+

Senior (Citizen) Prom
Friday, June 6, 5pm–9pm
Dinner with hors d'oeuvres and dessert, drinks, music and dancing with DJ Carl, door prizes.

Location: Anchor Recreation Facility–33483 Lake Road
Cost: $10/guest
Registration: March 1–May 23

Art Classes for Seniors 55+ at the Lake House
Choose from 7 sessions that explore various techniques in drawing, painting, and collage. Once you're registered, just show up and unleash your creativity—all materials will be provided!

Tuesdays at 12pm June 17 through August 12
Location: The Lake House–32756 Lake Road
Cost: $10/session
Register for as many sessions as you like.
Registration: March 26 at 9am

Senior Center Activities at the Old Firehouse

Indoor Walking Club
Monday through Friday 8am to 9am

Intermediate & Advanced Bridge
Mondays, Wednesdays & Fridays at 12pm

Bingo Generally the 3rd Thursday of each month at 2pm. However, that may change due to other programming.

Bridge Lessons
Fridays at 10am (per request)

Hand & Foot Mondays and Fridays at 1pm

Mahjong Tuesdays at 1pm

Dominoes Tuesdays at 1pm

Friday Crafts Fridays at 10am

Wednesday Morning Movies at 10am
A varity of current and classic movies.

Lunch & Learn
At least once a month we host various speakers who present topics of interest to seniors and provide a free lunch.

Free Special Occasion Luncheons
Typically, we celebrate St. Patrick's Day, Summertime, Halloween, Thanksgiving, and Christmas with a free lunch and gathering.

Senior Hot Lunch—Third Tuesday of every month at 12pm (reservations required) $7. Old Firehouse members pay $5. Over 90 FREE.

Blood Pressure Screenings
Third Tuesday of each month at 12:30pm

Senior Strong Program Thursdays at 11:00am
Talking about serious problems can provide skills and options needed to manage life's challenges, improve self-esteem, relationships and mood. Group discussions are lead by Robert A. Piovarchy, MA, LPC-S, professional counselor and medical assistant with the Far West Center.

Memberships are available to Senior Center
$25 annual fee ($35 non-resident), an exceptional value, gives $2.00 off the price of the Senior Hot Lunch and a subscription to our "Talk On The Lake" Newsletter delivered to your mailbox each month ($12 value).

Fitness Classes at the Old Firehouse

Determine your level of mobility and pick a class.
No registration is required. The schedule of classes is listed on our website at AvonLakeRec.com. Space is limited. Please come in 15-30 minutes before class time to sign-in.

1 For people with limited mobility (e.g., MS, Parkinsons, Severe Arthritis).
2 For mobile people that may require a chair for some additional support.
3 For people with no mobility issues.

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1 **Stability** This class is designed to increase mobility and flexibility for all with limited range of motion. The program is especially helpful to those suffering the effects of Parkinson's Disease, Multiple Sclerosis and Severe Arthritis.

1 **Yin Yoga** is a gentle and relaxing style of yoga that works deeply into the connective tissues and joints. Students must be able to get on and off the floor unassisted.

1 **Chair Yoga** The chair serves as a stable foundation, allowing you to deepen your stretches, engage your muscles, and experience the benefits of yoga in a safe and comfortable manner.

2 **Circuit** Standing upper-body strength work alternated with low impact cardio using a chair for standing support. A perfect 50+ class that incorporates stretching, balance, agility and strength, along with fun music.

2 **Classic** Seated and standing exercises to increase muscular strength, range of motion and activities for daily living.

2 **Stability+** Similar to our Stability Class, but more intense. This class has been set up for those with lesser mobility issues.

2 3 **Focused Gentle Yoga** In this class you will move through traditional yoga postures focused on specific areas of the body.

2 3 **Gentle Yoga** Standing & seated yoga poses to increase flexibility, balance and range of motion.

3 **Advanced TRX** Class uses the TRX suspension trainer that leverages gravity and the user's body weight to complete the exercises. *SilverSneakers/Renew Active DO NOT APPLY to this class.*

3 **Boom Muscle** Muscle-conditioning blocks and activity specific intervals to improve cardiovascular health and functional skill. This class is designed to work all major muscles with a variety of strength and conditioning exercises.

3 **Yoga Flow** Flow-based (continual movement between posses) class tying breath to movement between individual postures.

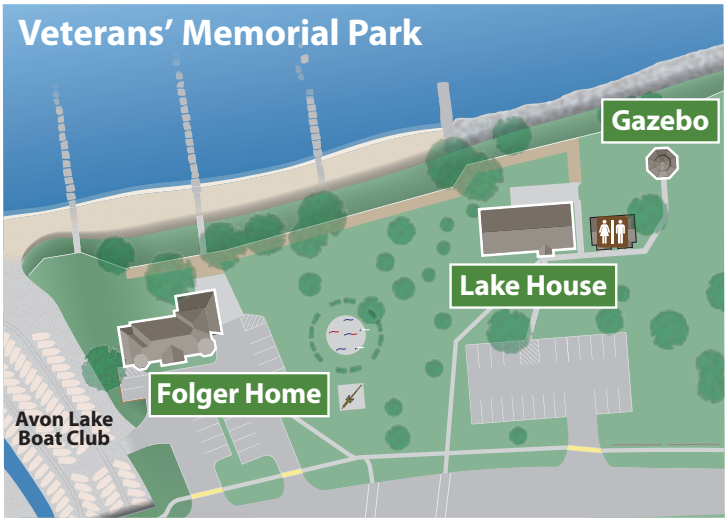
Most classes are compliant with SilverSneakers® and Renew Active® and are free to those with either program included in their Medicare Supplimental Insurance.

Sign up at the Old Firehouse for your FREE SS or RA membership which includes daily admission to our Aquatics Center.

Otherwise, there is an $8 drop-in fee per class or purchase a 12 visit punch pass membership for $60.

Renew Active™ by UnitedHealthcare

SilverSneakers®



RENTAL OPPORTUNITIES

Bleser Park | Veterans' Memorial Park
Miller Road Park

Additional rental fees may apply to non-residents of Avon Lake.

Bleser Park—Pavilion A

Pavilion A is the park pavilion closest to the sand volleyball courts. There are 10 picnic tables in the pavilion with seating for up to 80, electricity and a large stationary grill. Two of the tables are handicap accessible.

Bleser Park—Pavilion B

Pavilion B is the park pavilion closest to the playground*. There are ten picnic tables, in the pavilion with seating for up to 80 and a large stationary grill. Two of the tables are handicap accessible.

*ALPS playground is being renovated and currently unavailable for use.

Veterans' Memorial Park—Folger Home

The Folger Home is located within Veterans' Park and is available for rent throughout the year and is great for wedding showers, family reunions, meetings, and other private events. The historic home accommodates up to 48 guests with tables and chairs, has a small galley style kitchen with electric range, microwave and refrigerator, wraparound porch with rocking chairs, and fantastic Lake Erie views.

Veterans' Memorial Park—Lake House

The Lake House is located within Veterans' Park and is available for rent throughout the year and is great for wedding showers, family reunions, meetings, and other private events. The Lake House accommodates up to 72 guests with tables and chairs, has a small warming kitchen with electric range, microwave and refrigerator, pull-down projection screen, patio with charcoal grill, and fantastic Lake Erie views.

Veterans' Memorial Park—Gazebo

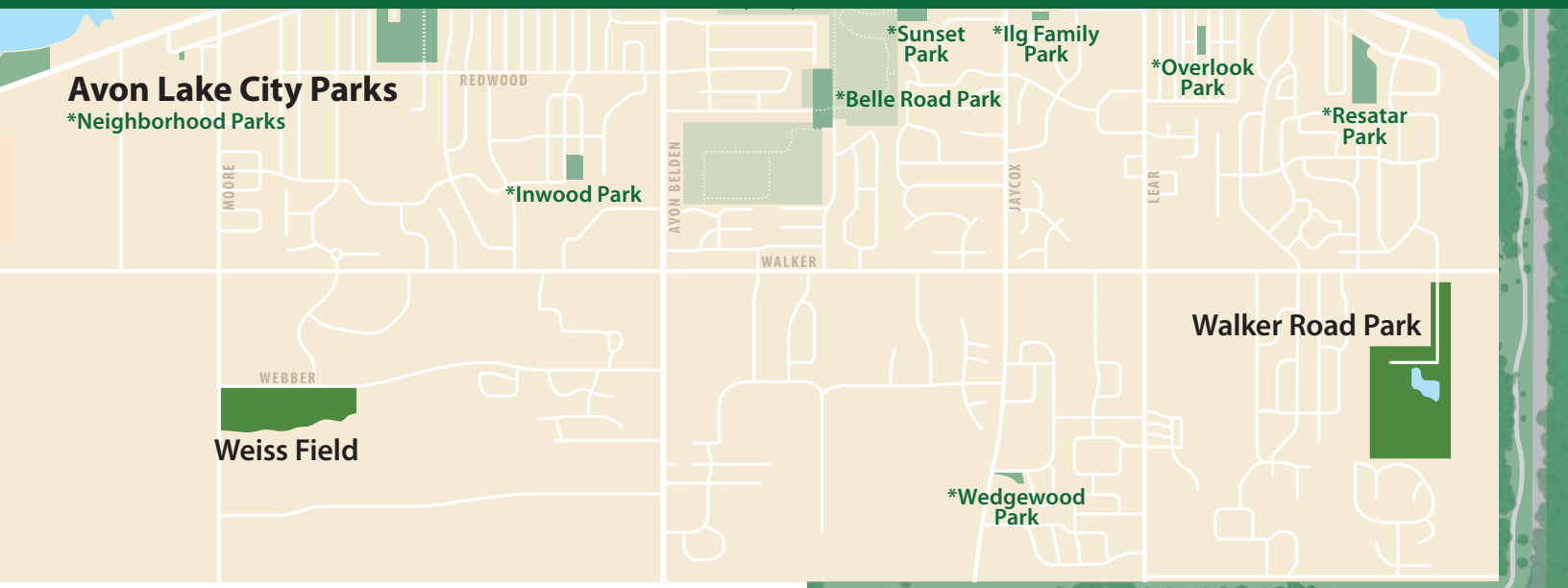
This gazebo is designed for SMALL wedding ceremonies and or wedding photos. This location is not designed for large wedding ceremonies. The gazebo is also a perfect location for graduation, prom, and family photos.

Miller Road Park—Gazebo

This gazebo is used for small wedding ceremonies and or wedding photos. It seats approximately 40 guests.

Miller Road Park—Pavilion

This is a small, handicap accessible pavilion with three picnic tables, a grill, and electricity.



RENTAL OPPORTUNITIES

Walker Road Park | Weiss Field

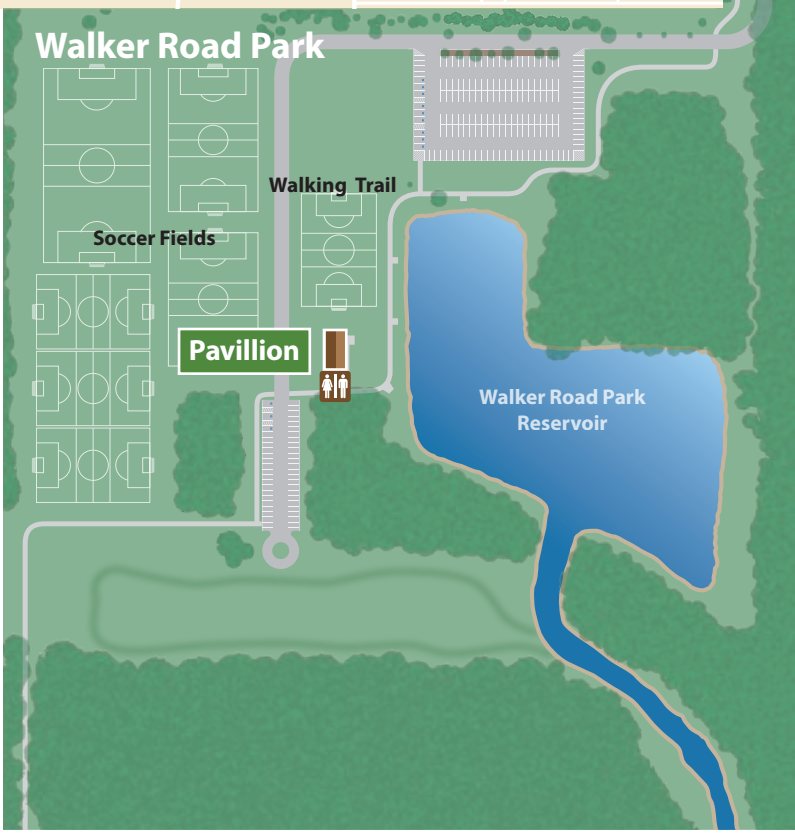
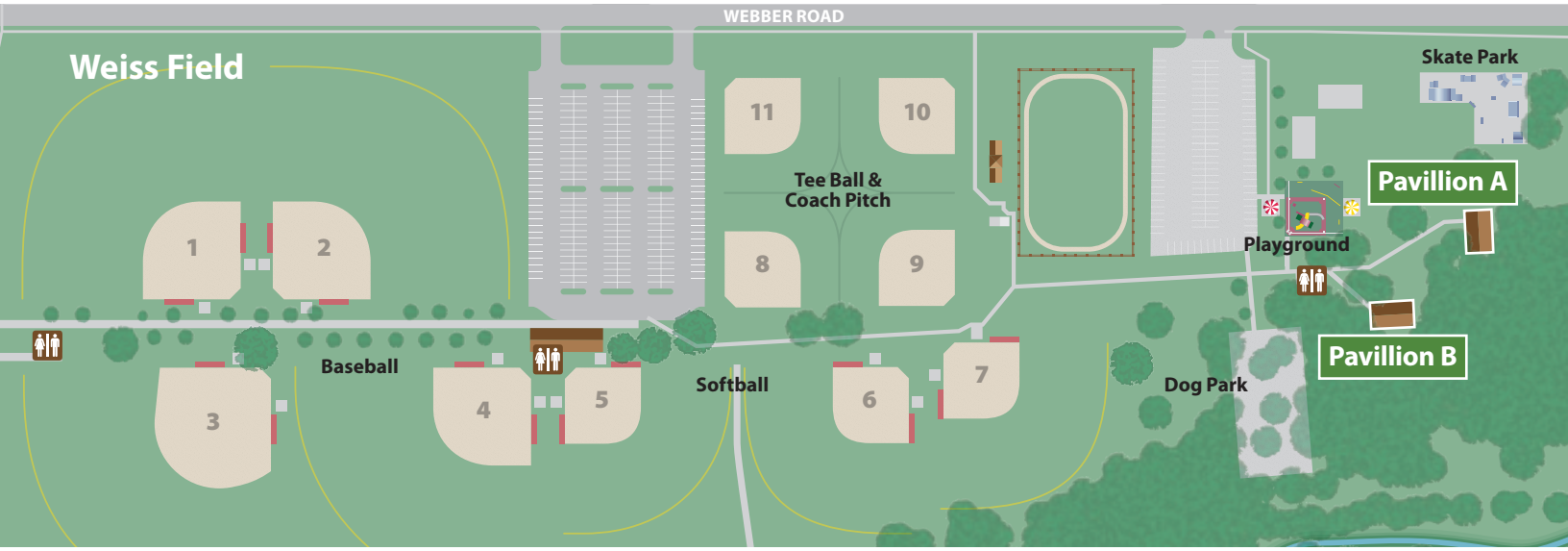
Additional rental fees may apply to non-residents of Avon Lake.

Walker Road Park Pavilion

This pavilion may be rented from May 1st through October 15th. Avon Lake and Bay Village residents will receive the resident rate for this pavilion. This accessible pavilion has electricity and a charcoal grill.

Weiss Field—Pavilion A

Pavilion A is the accessible pavilion closest to the skate park that has 6 picnic tables and seats up to 50. This pavilion has electricity and a large grill.

Weiss Field—Pavilion B

Pavilion B is the accessible pavilion closest to the playground. It has electricity, a large charcoal grill and 12 picnic tables with seating for up to 100.